## **ONDAMED**

## Systemic-Field-Therapy (SFT) Step by Step:

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Step 1: Module 1 (#11)

How to operate module 1:

- a. Place Neck Applicator (NA) around the patient's neck.
- b. Press Power button.
- c. Press Program button.
- d. P 10 appears on the upper display. If it doesn't press CL button for 3 seconds and scroll Regulator to Program 11.

Press Enter/Save button for about 3 seconds on regulator, until you see the two •• on the upper display.

- e. Gently place thumb tip on right pulse of person's wrist. Press the Right button.
- f. Turn the regulator clockwise to scroll between 1 Hz and 31,835 Hz.

While you scroll through the frequencies look for changes in the pulse.

- When you identify a change, press the Enter/Save button on the regulator to store the frequency into memory. The lower display indicates the number of stored frequencies.
- g. Press the right button again to access the stored frequencies and write down for documentation.
- h. Look on your frequency chart, which meridian is related to this frequency. This indicates a diagnostic hint.
- i. Now you proceed to testing the Left side.

Gently place thumb tip on left pulse of person's wrist.

Press the Left button.

Put your thumb tip gently on the left pulse and repeat steps f-h.

Step 2: Look up primary diagnose in the field list. For example: Seizures = Spleen/Pancreas If you do not find it in the field list, continue by following according to the hierarchy.

## Attention!

If the patient comes with a clear diagnoses found in the Field List, Field List overrules the hierarchy!

How to work according to the hierarchy?

Once you have related each frequency to the organ/meridian, write down the hierarchy number of the twelve fields.

- 1 = Colon Field
- 2 = Lung Field
- 3 = Small Intestine Field
- 4 = Heart Field
- 5 = Bladder Field
- 6 = Kidney Field

7 = Gallbladder Field

8 = Liver Field

9 = Triple Burner/Warmer

10 = Circulation

11 = Stomach

12 = Spleen/Pankreas

Main field hierarchy starts at the lowest number. For example found frequencies are:

12,69 Hz = Lung = hierarchy no. 2 101,59 Hz = Lung = hierarchy no. 2 161,26 Hz = Circulation = hierarchy no. 10 745,29 Hz = Gallbladder/liver = hierarchy no. 7 and 8 2233,2 Hz = Small Intestine/Bladder = hierarchy no. 3 and 5 8679,1 Hz = Small Intestine = hierarchy no. 3

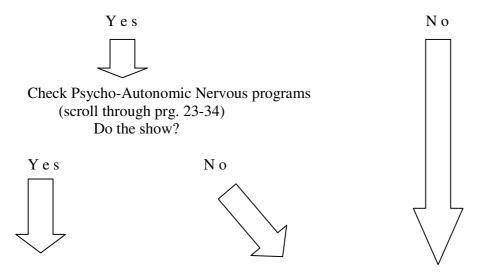
This indicates: priority frequencies for initial treatment due to hierarchy would be no. 2 (lung) and no. 3 (small intestine). It does not matter if frequency was found in the left or right frequency test (RF/LF).

If you find more than one frequency matching the same field, priority is set by the lowest found frequency. In our case 12,69 Hz (lung).

If you find more than one frequency matching the same field, but one is a mixuture out of two fields, priority is set by the single field, even if the mixture contains a lower frequency. In our case priority would be 8679,1 Hz (small intestine).

If you find a frequency related to two fields, the lower hierarchy number overrules the higher hierarchy number. In our case no. 7 (gallbladder).

Step 3: Did you find any colon or heart frequency?



Use this prg. For initial therapy

Use the leading frequency from the field list or the two leading frequencies from the hierarchy as a right and left (RF/LF)

Check pulse for INT,

time is preset with program # 11

Remember: Field List overrules the hierarchy!

Step 4: Place applicator on patients complaint area and on the main hierarchy field.

If the main hierarchy would be triple warmer or circulation, select by patients symptoms. for example: triple warmer: thyroid, pituitary, adrenal glands etc.

circulation: heart area, varicosis lower legs, carotis etc.

Step 5: Continue with microorganism therapy by using the New Mikroorganism Instructions (see Step by Step instructions.

Step 6: charging bottles

How to charge a bottle:

Use 20 ml bottle with 30 % ethanol or 0,9 % sodium chloride solution.

Place bottle in front of handapplicator.

Go to module 1 for charging with specific frequencies.

Use only the right frequency (RF). Dial in the frequency and check pulse for individual intensity (INT). Start treatment for 15 secconds.

Go to module 2 for charging with preset program (# 47 or # 23-34)

Go to module 3 for charging with microorganism.

Charging ONDAMED drops with module 3 is only recommended if the patient can not come to the next treatment within the next 3 weeks.

If you treat according to the field list:

Bottle # 1: Polarity (# 47 Interference)

Bottle # 2: Frequency matching the field list

Bottle # 3: optional - Frequency matching main hierarchy frequency or Emotional Drops (EM) use the prior found psycho-autonomic program # 23-34

Bottle # 4: optional - Frequency matching 2<sup>nd</sup> hierarchy frequency Bottle # 5: optional - Frequency matching 3<sup>rd</sup> hierarchy frequency

Bottle # 6: Main microorganism (only if the patient can not come for following therapy within the next 3 weeks)

If you treat according to the field hierarchy:

Bottle # 1: Polarity (# 47 Interference)

Bottle # 2: Frequency matching main hierarchy frequency or

Emotional Drops (EM) use the prior found psycho-autonomic program # 23-34

Bottle # 3: Frequency matching 2<sup>nd</sup> hierarchy frequency

Bottle # 4: Frequency matching 3<sup>rd</sup> hierarchy frequency

Bottle # 5: Main microorganism (only if the patient can not come for following therapy within the next 3 weeks)

## Dosage:

Always take Polarity drops first.

Follow sequence according to hierarchy.

First week: 10 drops/day (Microorganism only twice a week!)

Second and following weeks: 20 drops/day (Microorganism only twice a week!)

Keep 15 minutes apart!

Inform your patient, that reactions might occur and they have to contact you.

Stop all drops, if any reactions occur except Polarity drops.