Aspen, Colorado, March 1st, 2005

New Integrative Tools in Medicine -- badly needed. From Dr. Wolf-Dieter Kessler, Germany

Where shall I start?

The year 2004 has become the most secure year in aviation known so far. Prevention and repair in time was the key.

This presentation will show you that Functional Medicine and Biophysics is an astounding addition to reach the same goal in human medicine.

Do I begin with my frustration in conventional medicine I had to go through concerning my own health problems?

Do I start with my son who - currently as a senior in Med School – asked me one day "what do you do against my fiance's recurrent bladder infection?"

Do I start with that patient who has elevated tumor parameters CEA and CA 19-9 who went virtually through everything in conventional medicine to find the cause? They could not find it!

Do I start with that young lady from Quebec who, at times, isn't even capable to brush her teeth? Who is suffering for over 10 years from anxiety, fatigue, and mind racing. She has not been at school for years. Doctors do not have a clue what her problem is. Treatment is nil.

Do I start with that patient from New York with metastasized breast cancer who – of course also does not know why she encountered that disease?

Do I start with the lady from Chicago – who, within two years – lost her coordination Her husband died of ALS?

You see, all of these random cases have one thing in common: there was both neither a cause to be found nor a therapeutic answer.

This, dear guests, is still the daily routine in conventional medicine after my 32 years of practice. I remember the Dean of Havard University, who, welcoming new students in the auditorium in the 60ies, wrote a magic number 16 on the board. "This is the number of diseases with known causes and known therapeutic answers. All the others, ladies and gentlemen, are still in the realm of the obscure. May be one of you will find a cause for one disease in the future!"

Presenting here for you, I have to thank Dorothy and Hal Thau, who not only had the vision for John Denver, but are also smart enough to sense the enormous breakthrough Integrative Medicine has made in the past 50 years.

They invited me to share with you what is worth to know in your life at any time.

My unsolved health problems after living in Asia for a year forced me to either give up or look around. I took the latter one.

Coming back to our cases:

The patient with elevated CEA and CE 19-9 developed a bladder cancer with possible show up in the colon.

The fatigue patient suffered from:

- 1. Chronic pneumonitis
- 2. Chronic intestinal dysfunction

Based on:

- Parasites: worms (Ascaris and Taenia),
- Viruses: (Flu Virus, Herpes simplex, Herpes 6)
- Bacteria: (Pneumocystis carinii, Diplococcus.Salmonella, Shigella)
- 3. Chronic Leukoencephalitis and autoimmune reaction from thalamus

Based on:

- Chicken pox virus
- Meningococcus
- 4. Chronic autoimmune kidney dysfunction

Based on:

- Lactose, and dairy intolerance.
- Wheat Intolerance
- Intolerance junk food and preserves
- Chronic tonsillitis
- **5.**Evironmental toxins:

Based on:

Caprolactam Formaldehyde Benzene

The other patient with coordination problems had a Flavi-Virus infection, Rickettsiosis, and a syphilitic situation.

I had a wheat intolerance, lamblia infection, and Ebstein Barr infection

The fiance of my son needed to treat they stomach/pancreas and the bladder. She had gluten and dairy intolerance.

Professor Alfons Stiegele, a German doctor, who was running the Homeopathic Center in Stuttgart, Germany for 30 years, was the first "mentor" on my road to possible healing. The science of fine toxicity of substances or "Homeopathy" got me jump started. First positive feedbacks occured .

However, although results were there, they were unpredictable. Some patients responded in a thrilling way: There was this 80 year old lady, dying of pneumonia, who recovered after one dose of Phophorus LM according to Georgos Vithoulkas. There was this man in the wheel chair with massive edema of his legs. His joints had become stiff, his bones atrophic. He lost all his water through two dosages of Bufo LM . No water pill had ever been capable to cope with that problem. There was this 45 year old lady with right breast cancer, positive mammogram and axillary lymph nodes already scheduled for mastectomy. Several dosages of Mercury Iodide Flavus D100 solved her case in a thrilling week. This had been formerly described by the late James Taylor Kent, Professor in New York.

If you are sceptical about Homeopathy, wait until you burn your finger or your hand. Take Cantharis C30, five pearls every 2 minutes.

Continue that a few times and in the meantime dissolve 20-30 pearls of Cantharis C30 in a large glass of water. Stirr with a plastic spoon – no steel spoon! After dissolving the pearls continue to take 2-3 sips of the fluid every two minutes instead of taking five pearls.

In about 30 minutes you will be pain free and there will also be no blister. Cantharis C30 belongs into your emergency kit!

However, not all health disorders are that simple.

I needed an additional method. More standardized and more predictable.

I continued to look around. My second "mentor" was the late Dr.Dr.Schimmel from Baden Baden in Germany. He was a genius improving Electroacupuncture based on Voll.

Here the acupuncture point – usually a point for needles - serves as an information center. It could tell you in a short time all kinds of vital data. It tells you which organ is diseased and especially which organ is responsible for the disease. We call that a *causal chain*. It would also tell you the toxins which are responsible for the problem. Other data concern enzymes, hormones, viruses, bacteria, fungus, food intolerance, inherited toxins (miasms), trace elements, vitamins, psyche, and <u>effective medications</u> for that problem!

Other than Voll, Schimmel's method only used on e acupuncture point as an information center. This was an enormous simplification. Special filtering methods during the testing produce clear results.

Coming back to the question of my son concerning the recurrent bladder infection, I would reply: "you need to know the causal chain of the problem. May be you need to treat the bladder a n d the pancreas.

Another issue was the allergy. Although allergic processes are almost always present in any disease, we needed to have a reliable treating method for a known allergy. For instance a case of allergy to peanuts or cement. Bioresonance (Mora or Bicom) are wonderful methods to solve that problem. However, only if the allergy is well known you

would have remarkable results. If somebody is allergic to everything, one has to find the key allergen first.

Another great approach to reduce allergy is the bile/colon. By using a *bile flush* according to Hulda Clark N.D. you not only flush out bile stones but also cleanse your intestine from toxic layers which are responsible for building up allergy. How the bile flush is done you will find at the end of this presentation.

A question like this (which is the key allergen?) cannot be answered without *Kinesiology*. The muscle test method, invented by George Goodhart in California, has become an international diagnostic and therapeutic tool. There are many sub-groups of the method. Some of them are: Edukinestetics (Dennisson), Touch for Health (Thie), Thought Field Therapy TFT (Callahan), Psychokinesiology (Klinghardt), Analytic Kinesiology (Kaeding).

Although these methods are outstanding, we still had many patients with insufficient response. The insufficient response to therapy is a constant and steady companion for both the patient and the therapist.

One doctor in France, the father of French Ear Acupuncture System, Dr. Paul Nogier, stated, that a major reason of this phenomenon is: man cannot heal unless you find the accumulated blocked sites of the body. In other words there may be an old middle ear infection, an old tonsillary infection, an old irritation of a lymph node in the right groin, an old kidney infection. All these foci must be taken into consideration, must be found, must be treated. Consequently the final disease (in our first case, the recurrent bladder infection) can heal. Nogier established his RAC test, a pulse reflex test which helped finding these spots.

Not until about 10 years ago the ONDAMED System, a German innovation eased up this process providing an overall understanding, where , what, and with what you have to treat. ONDAMED a genial simple basic tool , works with specific frequencies as postulated by Professor Cyril Smith from Salford University in England. It is a tool of Biophysics.

Samuel Hahnemann, the founder of Homeopathy, the science of fine toxicity of substances, visioned at the end of his life: "It will take physics in the future to cure disease."

Physics entered the world of medicine about a hundred years ago with the discovery of X-ray. Fifty years later some scientists proposed to take images of the electro-magnetic discharges of our cells. These people have been declared "idiots".

Since 1970, however, the MRI has become routine in our medical centers. It does exactly that: it takes images of the electromagnetic emissions of our cells.

Since about 20 years there has been extensive research both in Germany and in Austria to use specific EM waves for therapy. The products are the ONDAMED and the QUINT System. Both systems are essential in modern Biophysical Medicine to induce healing impulses. They are standardized.

ONDAMED

ONDAMED means "medicinal wave". It is an induction rebuilding the electromagnetic life field of diseased tissue. It does that by specific waves applied to non-functional parts of the body. The therapist will find these foci using the ONDAMED.

Both the blocked tissue and the necessary specific induction-wave are found by a simple pulse test in cooperation with the ONDAMED machine. The wave range is 0.1 to 32.000 Hertz and 60 milli-Tesla. By producing a specific, single wave, for each individual patient, the system works very powerfully and effectively.

Special brain programs eliminate pathological impulses stored in the CNS. 175, well designed programs are effective for a wide spectrum of health disorders.

It is an essential tool to treat Osteoporosis.

Other frequencies of the system work against microorganisms. ONDAMED can detect these microorganisms.

It is essential for both symptomatic and systemic treatment. However, it follows strict rules if you need to counteract chronic illness.

ONDAMED is a must and a basic tool for any therapist in the 21 century.

Other medical systems based electromagnetism and biophysics are the Indumed, Mitosan, Multicom, STT, Vega-Color, and Vegaselect.

To prove the effectivity of any therapeutic move in Functional Medicine we use the SEG (Segment Electrogram). It has been designed at University of Heidelberg by Burkardt Heim and Helmut Schimmel. The system works independently and therfor objectively. It is computerized and shows both any functional blockage or improvement of organ function. SEG has been used over 30 years now.

Another well documented system to control therapeutic effectivity is Bioelectronics Vincent (BEV)

This method is the life work of Professor Vincent from Insitute Pasteur in Paris. It defines our terrain, our milieu by testing pH, rH2, and R of blood, saliva, and urin of the patient. Due to the special rH2 of snakes they cannot produce cancer. Tumors in snakes are unknown according to Vincent. Dogs, however, live in the high numbers of rH2 and almost always produce tumors sooner or later. By improving the patient's terrain, by reducing oxidation (rH2 or Electron Potential) we drain the body of it's disease.

To get even closer to what the patient has to deal with we use Iridology. Eye diagnosis is an art not too difficult to learn. However, it was difficult to establish scientifically. The late Josef Deck, who we had the honor to meet and work with, received an award of the Russian Academy of Science in Moscow for his outstanding life work. Iridology can tell you many years ahead of time, that there is a possible cancer growing. It also indicates, that cancer may grow in a very different spot than the original cancer organ. We recently had a patient with a beginning stomach cancer. However, the cancer showed in the colon. To treat this patient you must know the underlaying stomach cancer.

Conventional Medicine most likely will not realize that.

One could also compose certain medications according to pigments and abnormalities in the iris. Medications would be plants or homeopathic complexes.

Another innovative method is Thermography. This infra-red imaging device is

indispensable to detect earliest tendencies of breast cancer. It also shows dental foci or other inflammatory sites. Thermography is not invasive and not harmful to the patient. It may be used as much as needed without harm to the patient.

Healing:

One of the oldest Chinese statements is: Man can be healed through the meridians.

Meridians in Traditional Chinese Medicine (TCM) are energetic channels in the body. The acupuncture points are also located on these meridians. As I mentioned before, astounding breakthrough has been made by Reinhold Voll and Helmut Schimmel to use the acupuncture points as an information center. If a point would show a low testing result, it could be brought back to "normal" by remedies capable to convert the low to the high testing result. In other words: the effective remedy would increase the electrical resistence of the acupunture point back to a number of 50 units on the display of the testing unit. Consequently the gall bladder would heal, if our low acupuncture point was the correlating "gall bladder point".

You must understand, however, that all acupuncture points are part of an energetic system which could be compared with a complex channel system for irrigation. So if you manipulate one point by an effective remedy and achieve a normal testing result, all other acupuncture points would be affected more or less.

If you blocked one channel of the irrigation system with a gate damming up the water there, other areas would become empty or even dry out.

The amount of energy always stays the same. So, if you bring one point up, some other points would go down. Only if you would be able to approach the interconnectivity of the acupuncture point system, you could balance the whole system. The Chinese have been well aware of the web system of all points. They defined it as "Five Element System". Thus all organs and acupuncture points have been attributed to one of these five elements. The Chinese realized that each organ would control another organ or would be controlled by another organ.

Consequently a diseased organ would affect all other organs more or less. How it affects the other organs is energetically defined through the Five Elements.

Christian Steiner, a doctor and physicist from Austria, designed Holopathy to approach disease/diseased organs through these Five Elements. This means, he invented a computerized mathematical system which respects the 2000 year old Chinese law of Five Elements.

Treatment of any organ or any acupuncture point would have to take all the other organs/acupuncture points into consideration.

The result is a guaranteed balanced therapeutic approach to any health disorder. The system is so sophistcated that it provides diagnostic data so far unheard of.

This would include radioacative substances through fallout and atomic plants as well as psychic disorders. It is also rating which would be the leading problem. It is not only the most comprehensive data bank available worldwide, it also provides means to treat found problems on the base of biochemistry and biophysics.

For instance: It is of interest to understand the way to eliminate radiocative substances.

If you had accumulated plutonium, for instance, the computerized system would use antagonistic rare trace elements against it.

Every matter is made of, consists of elements of the table of elements. In other words, we are made of calcium, magnesium, sulfur, tantal, terbium, oxygen, and so forth. There is even small amounts of gold or silver in our body. All these elements belonging to the about one hundred known elements of *Linne's Table of Elements* They are in an equilibrium with eachother. However, some of them work against eachother (antagonists), some work with eachother (synergists). QUINT uses the antagonistic rare trace elements such as terbium, lantan, ittrium to eliminate plutonium, strontium, or caesium etc.

This method uses vectors to define the problem. A vector always consists of three correlating points or organs. Since all organs control eachother or are controlled by eachother you would have an interconnected condition involving several organs in any health problem.

For instance:

If you had a pancreas disease it would not take long until you developed a kidney dysfunction since the pancreas is controlling the kidney. Consequently treatment would have to take the kidney into consideration. However, since the liver on the other end is controlling the pancreas, we would also have a liver problem. When the pancreas does not have enough energy, the liver would have to reduce it's impact on it by reducing it's own energy.

In this case: we would have a pancreas-kidney-liver vector on the organ level. QUINT is testing and treating five more levels: connective tissue, vegetative system, muscles, perception, and psyche. All these levels would have an own vector which would be mathematically integrated into the proper prescription of remedies.

Steiner found out that the causal toxins or heavy metals also correlate to spectific vectors.

Foremost:

- Heavy metals, for instance stress the heart/smaller intestine
- Radioactive substances would stress the lung/colon
- Radiation would stress the heart/smaller intestine
- Fungus would stress the heart/smaller intestine
- Parasites would stress the pancreas/stomach
- Food would stress the lungs/colon

etc.

Therapy has to take that into consideration by spectific vector prescriptions. Medication would be composed of both chinese and indigenous plants, trace elements, orthomeleculars, vitamins, neurotransmitters, homeopathics, elements of the table of elements, gems, hormones, enzymes, etc.

Treatment would also involve biophysical digital prescriptions made of all these substances to be "injected" digitally into the body by the QUINT device or QUINT Box. These digital prescriptions represent most specific electromagnetic waves based on the findings of the patient's problem. This procedure is most important and is an innovation similar to the ONDAMED but much more sophisticated.

Both the ONDAMED and the QUINT are based on the same principle: what you cannot see or touch is one billion times more prevalent and important than what you see. So matter does not matter. In other words: any medication could be much more powerful if we used it's specific wave spectrum. Professor Rubbia, who is running the CERN in Geneva had been rewarded the nobel price in 1984 for his statement that the energetic wave field is one billion times more powerful than the correlating matter.

Healing has one more important aspect largely introduced by Max Gerson, a German Jew, who emigrated into the United States in the 30ies.

Albert Schweitzer called him a medical genius. He has been extremely successful treating terminal cancer cases with enzymes. His simple method had been acknowledged in the United Stated Congress were he presented 50 healed terminal cancer cases. His method is mainly based on the theory that degenerative disease is a metabolic problem and needs fresh enzymes to jump start repair mechanisms of mitochondria and cell functions. He found out that only by producing green vegetable juices and other juices with a press would preserve these enzymes. A blender would be destructive since the spin would destroy the enzymes. We use a Champion One press (internet).

Another important procedure is the bile flush according to Hulda Clark N.D. Four table spoons of Ebson salt is mixed with both 375 ml of freshly pressed grape fruit juice and 375 ml of water. This will offer four ¾ cups of fluid. It is refrigerated for better taste. You begin the day with freshly pressed juices and fruit. At noon you may have rice and steamed broccoli with no spices except salt. After 2 o'clock no further fluids are permitted. At 6 p.m. you would drink the first ¾ cup of Ebson-grape-water-juice. You may rest afterwards. Take the second cup at 8 o'clock. Prepare a ¾ cup of freshly pressed grape juice together with ½ cup of extra virgin olive oil at 9.45 p.m. Drink that cup at 10.00 p.m. and go to bed immediately. A bucket may stand beside your bed – just in case! Lay down on your back with your head elevated on a bolster for 20 minutes. Think of what is going on in your liver. After that you may sleep or use the rest room whenever you need. Watch for gall bladder stones. They may have all kinds of color. Some of them are light and are floating on the surface.

Next morning 6 o'clock you will take the third cup of Ebson-grape-water-juice. Keep on resting. The fourth cup will be takes at 10 a.m.. After that you may slowly start with fruit and juices and later a light meal with no fat. Good luck! The juices taste better than you think.

Dr.Wolf-Dieter Kessler 1200 Piedmont Rd. The Rock, Ga. 30285 USA

Phone USA: 770-358-3576 FAX USA: 770-358-6503

Clinic in Germany: Alter Postweg 5-9 26624 Victorbur Germany

Phone Germany: 011-49-4942-3325 FAX Germany: 011-49-4942-2741 www.dr-kessler.com